

Abel Rugamas

Associate
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PRACTICE AREAS

General Liability

EDUCATION

University of Illinois, Chicago, LLM, Intellectual Property, 2020
Loyola University New Orleans College of Law, JD, 2015
University of New Orleans, BA, Political Science

BAR ADMISSIONS

California
District of Columbia
Louisiana
US Court of Appeals for the Fifth Circuit
US District Court, Eastern District of California
US District Court, Eastern District of Louisiana
US District Court, Middle District of Louisiana
US District Court, Western District of Louisiana

Overview

Abel Rugamas is an associate working in the firm's General Liability Practice.

Licensed to practice law in Louisiana, California and the District of Columbia, Abel earned his JD in 2015 from Loyola University New Orleans College of Law. He also received his LLM in intellectual property from University of Illinois Chicago, where he graduated with honors. Prior to law school, he completed his undergraduate studies at The University of New Orleans, obtaining a BA in political science. He also studied at the University of Vienna School of Law in Vienna, Austria.

Prior to joining MG+M, Abel worked as an associate at a boutique firm for nearly seven years, where he gained experience in all phases of civil litigation, including discovery, depositions, dispositive and pre-trial motions, and trial preparation.

Involvement

+ MG+M Trial Academy, 2025–2026 Participant

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