



# Rachel Leonard Featured in "Law School's Missed Lessons" Series

By **Rachel H. Leonard**

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MG+M Associate [Rachel Leonard](#) was featured in *Law360* as part of its "Law School's Missed Lessons" series, which highlights practical skills and insights not typically taught in law school.

In her article, Rachel emphasizes the importance of self-care for lawyers and shares strategies for protecting mental, physical and emotional well-being while navigating the pressures of legal practice.

Read the full [article](#).

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